

Sample Coaching Explanation for Parents

I'd like to take a few minutes to talk to you about what our visits will look like. In order to best support you in your everyday interactions and care for your child. I'll be asking you questions and also observing you doing what you usually do in situations that relate to the priorities you have for your child. I'll ask these questions and make these observations for several reasons. First, I want to make sure that I understand what you already tried and explore any ideas you've been thinking about. I'll ask these questions to gain information and also to help you think about what's been working and what hasn't. I expect that you might have lots of questions for me, too. I'll answer your questions openly, and honestly and to the best of my ability. As we share information with one another, sometimes you'll be teaching me things about your child and family, and sometimes I'll be sharing new information and ideas with you. We'll be practicing new ideas together, I'll try things, you'll try things and during each visit, we'll decide what we will plan together. During our planning, we'll decide what we will be responsible for doing between visits. You'll choose what strategies you will practice as part of your daily activities and think about what worked and what you might do differently as a result of your practice. We will also plan activities that need to happen or decide what information we need to gather between visits. Our plan will help us decide when our next visit needs to occur. My intent is that by interacting with you in this way I can support you in recognizing all of the strategies you are already using and we may come up with new ideas together to support your child as part of your everyday activities.