

## Later Preschool Interest-Based Everyday Activity Checklist

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### Identifying Information

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Age (Months) \_\_\_\_\_ Today's Date \_\_\_\_\_  
 Person Completing the Checklist \_\_\_\_\_ Relationship to Child \_\_\_\_\_

### Checklist Description

This checklist includes a list of everyday activities that are sources of learning opportunities for preschool-aged children 36 months of age or older. The activities are a mix of things that children get to be involved in as part of everyday family and community life, things parents and children do together, things children become involved in because of adult interests and activities, and things that simply happen day-in and day-out as part of everyday living. The checklist is used to identify activities that are interest-based and would provide your child opportunities to learn and practice many different kinds of skills and behaviors. Simply follow the steps described below to make your child's learning full of wonderful possibilities.

### Using the Checklists

**Step 1. Identifying a Child's Interest.** Start by making a list of all the things, people, places, and activities that *interest* your child. "What does your child enjoy doing?" "What gets your child excited?" "What does your child prefer or like to do?" "What makes your child laugh or smile?" "What does your child choose to do most often?" "Who does your child prefer to be with?" List your child's interests in the space provided on the next two pages.

**Step 2. Completing the Checklist.** Keep in mind your answers to the Step 1 questions. Go through the lists of activities on the next two pages, and **check the activities** that provide or could provide your child opportunities to use or express his or her interests. Add activities that are not included on the checklists that are important to your family or happen because of where you live and which are or would be interesting to your child. Don't overlook **tag along** activities that would include opportunities for interest-expression.

**Step 3. Selecting Interest-Based Learning Activities.** Go back through the list of activities you checked, and **circle those activities** that do or could happen often for your child and which best match your child's interests. The best activities are ones that provide lots of opportunities for a child to do things (s)he is interested in doing as well as learn new things.

**Step 4. Develop an Action Plan.** The last page of the checklist includes one way you can be sure you and your child can take advantage of all the learning possibilities that are part of your everyday family and community life. Simply complete each section and you will have a useful **plan** for providing your child interest-based everyday learning opportunities.

## My Child's Interest

### Your Child's Interests

Keep in mind your child's interests (things he or she likes to do, enjoys doing, that get him or her excited, and so forth), and check all activities that you think would be ones that would give your child opportunities to use or express those interests.

### Everyday Activities

The following is a list of activities many children experience as part of everyday living. Please check those activities that best match your child's interests. Don't forget about *tag along* activities.

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Attending movement/music class</li> <li><input type="checkbox"/> Attending a playgroup</li> <li><input type="checkbox"/> Attending church/synagogue</li> <li><input type="checkbox"/> Attending girl/boy scouts meetings</li> <li><input type="checkbox"/> Attending club meetings</li> <li><input type="checkbox"/> Attending neighborhood gatherings</li> <li><input type="checkbox"/> Attending Sunday school/kid's church</li> <li><input type="checkbox"/> Being read to/reading</li> <li><input type="checkbox"/> Being sprayed by the garden hose</li> <li><input type="checkbox"/> Bird watching</li> <li><input type="checkbox"/> Bowling</li> <li><input type="checkbox"/> Brushing teeth</li> <li><input type="checkbox"/> Choosing books at the library</li> <li><input type="checkbox"/> Collecting leaves or rocks</li> <li><input type="checkbox"/> Creating an art project/craft</li> <li><input type="checkbox"/> Cuddling with adult</li> <li><input type="checkbox"/> Cutting/tearing pictures<br/>(e.g., magazines, catalogs)</li> <li><input type="checkbox"/> Dancing</li> <li><input type="checkbox"/> Dictating lists, letters, or stories</li> <li><input type="checkbox"/> Doing yard work</li> <li><input type="checkbox"/> Dressing/undressing</li> <li><input type="checkbox"/> Eating meals or snacks</li> <li><input type="checkbox"/> Eating out</li> <li><input type="checkbox"/> Feeding ducks at the pond</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Flying a kite</li> <li><input type="checkbox"/> Gardening/planting flowers</li> <li><input type="checkbox"/> Getting out of bed/waking up</li> <li><input type="checkbox"/> Getting ready for bed/naptime</li> <li><input type="checkbox"/> Going on a camping trip</li> <li><input type="checkbox"/> Going fishing</li> <li><input type="checkbox"/> Going on a bike ride</li> <li><input type="checkbox"/> Going on a hike</li> <li><input type="checkbox"/> Going on a neighborhood walk</li> <li><input type="checkbox"/> Going on nature walks</li> <li><input type="checkbox"/> Going to a movie</li> <li><input type="checkbox"/> Going to work with a parent</li> <li><input type="checkbox"/> Going to a nature center/arboretum</li> <li><input type="checkbox"/> Having cookouts/barbecues</li> <li><input type="checkbox"/> Having friends over to play</li> <li><input type="checkbox"/> Having or going to parties</li> <li><input type="checkbox"/> Having picnics</li> <li><input type="checkbox"/> Helping do the laundry</li> <li><input type="checkbox"/> Helping to repair or build things</li> <li><input type="checkbox"/> Helping with household chores<br/>(e.g., doing dishes)</li> <li><input type="checkbox"/> Helping take care of/play with<br/>young siblings</li> <li><input type="checkbox"/> Helping with errands</li> <li><input type="checkbox"/> Jumping on a trampoline</li> <li><input type="checkbox"/> Listening to bedtime stories</li> <li><input type="checkbox"/> Listening to music</li> <li><input type="checkbox"/> Listening to storytellers/story times</li> <li><input type="checkbox"/> Listening to/saying nursery rhymes</li> <li><input type="checkbox"/> Looking at and talking about photos</li> <li><input type="checkbox"/> Looking at/reading cereal boxes/labels</li> <li><input type="checkbox"/> Looking at magazines, catalogs, etc.</li> <li><input type="checkbox"/> Participating in family talks</li> <li><input type="checkbox"/> Picking up toys</li> <li><input type="checkbox"/> Picking up siblings from school/childcare</li> <li><input type="checkbox"/> Planting or picking flowers</li> <li><input type="checkbox"/> Playing at an indoor playland</li> <li><input type="checkbox"/> Playing card or board games</li> <li><input type="checkbox"/> Playing chase/running</li> <li><input type="checkbox"/> Playing dress-up</li> <li><input type="checkbox"/> Playing finger games</li> <li><input type="checkbox"/> Playing guessing games</li> </ul> |
|---|---|

## My Child's Interest

- Playing house
- Playing in a stream/creek/river
- Playing in a sandbox/sand table
- Playing in a sprinkler
- Playing in a wading pool
- Playing in dirt/mud/sand
- Playing miniature golf
- Playing musical instruments
- Playing on park/playground equipment
- Playing on the computer/typewriter
- Playing outdoor games  
( e.g., hide-n-go-seek)
- Playing sports (e.g., soccer, T-ball)
- Playing table games (e.g., air hockey)
- Playing video games/computer games
- Playing with action figures, dolls, puppets, etc.
- Playing with balls/balloons
- Playing with bubbles
- Playing with magnetic letters or shapes
- Playing with other children/siblings
- Playing with pets
- Playing with playhouse toys
- Playing with shape sorters/puzzles
- Playing with trucks/cars/boats
- Playing with water toys
- Praying/saying Grace
- Preparing meals or snacks
- Renting/returning videos
- Riding a bike
- Riding in a boat
- Riding in wagon/riding toys
- Roller skating/roller blading/skateboarding
- Rough housing/playing tickle games
- Saying hellos/good-byes
- Shopping (groceries/mall/department stores)
- Singing
- Swimming/floating at the pool
- Taking a bath
- Taking a car, bus, train ride
- Taking care of pets (e.g., feeding)
- Taking swimming lessons
- Talking on the telephone

- Toileting/going to bathroom
- Using crayons, markers, paints, etc.
- Using play dough, silly putty, etc.
- Visiting animals (e.g., pet store/zoo)
- Visiting neighbors, friends, relatives
- Washing hands/face
- Watching ball game/sports events
- Watching/helping parents write notes/lists
- Watching TV/videos
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### *Special Family Activities*

Many families have special events, celebrations and traditions that are important to them. Please list those special family activities that you know or think might be interesting to your child.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### *Activities Where You Live*

Many families have special experiences and learning opportunities because of where they live. Please list those activities that your child gets to be a part of because of where you live that would be interesting to your child.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## *Expanding Your Child's Learning Opportunities*

Now that you have selected the best activities for everyday child learning, the next step is to use this information to provide your child lots of opportunities to use his or her interests to do things (s)he is able to do and to learn new things. The following is a helpful way for providing your child interest-based learning opportunities.

	Interest-Based Activities	When/Where Activities Will Occur	What My Child Will Get to Do	What I Can Do To Help My Child Learn	How I Will Know My Child Benefited
Let's Continue Doing These Activities...					
Let's Try These New Activities...					